

02.02.26

ALLERGEN GUIDE 2026 UK V10



Zizzi

**ALLERGEN GUIDE
2026 UK
V10**

IMPORTANT ALLERGEN INFORMATION

We want all of our customers to feel relaxed eating at Zizzi so we take very seriously our responsibility towards looking after our guests with food allergies and dietary requirements. We proactively ask customers about allergies and have allocated Allergen Managers to ensure a safe process, from order through to serving.

We also provide allergen filtering through Speedy order, our digital table ordering system.

This guide has been developed to help you make a safe and informed choice about our food but if you have any concerns, please talk to a member of staff, click on Talk To Us on our website, or email feedback@zizzi.co.uk

Please take some time to read the important information at the front of the guide and please tell us about your allergy before ordering. Please also remember to check this guide every time as our dish descriptions don't always mention every single ingredient and recipes do change from time to time.

Delivery

For Click & Collect and Delivery Orders, we can't currently cater for allergies or specific dietary requirements.

Please come and visit one of our restaurants to order in person or dine in with us.

Which allergens are covered within this guide?

This allergen guide covers the 14 allergens specified by the EU Food Information Regulations*. It lists which allergenic ingredients are contained in each of our dishes and shows which are suitable for vegan and vegetarian diets.

We also include 'may contain' warnings from our suppliers. (This is where an allergen is not in a recipe or intentionally in a dish, but where the manufacturer of an ingredient believes that cross-contact may still be a risk). However, our busy kitchens handle numerous ingredients and allergens. Whilst we have controls in place to reduce the risk of cross-contact, it is not possible for us to guarantee that any of our dishes will be allergen free.**

Unfortunately, allergen segregation is not possible in our fryers and boilers. This is detailed in the allergen tables so please just check the comments on each dish before ordering. Please note our non-gluten pasta is always cooked separately to order. None of our dishes are gluten free so they may not be suitable for coeliacs.

Allergens contained within our condiments & extra toppings are not included in this information. So, the cheese offered at your table for example contains milk and will alter the suitability of your dish.

Our vegan dishes are made with care to a vegan recipe. However, due to cross contact at our suppliers and in our busy kitchens, these dishes are not necessarily suitable for those with allergies.

*in accordance with the EU Food Information Regulations only cashew nuts, almonds, hazelnuts, walnuts, Brazil nuts, pistachio nuts, macadamia nuts and pecan nuts are covered under the "nuts" column on our allergen guide therefore ingredients such as pine nuts (pine kernels) or chestnuts are not covered.

**where a dish contains cereals containing gluten or tree nuts, please note additional species 'may contain' are not covered.

What if I have an allergy outside the 14?

We recognise that some people want to avoid many other food ingredients and we now provide the full ingredient declarations for a select number of our dishes. Please head to the Allergen Information tab at www.zizzi.co.uk/allergens-info and select the Full Ingredients button. If you are unable to find a dish suitable for your dietary requirements here, we advise you not to order. However, as you know more about your allergy than we do, we will leave it up to you if you want to proceed.

Due to the seriousness of allergies and food intolerances, our restaurant teams will not be able to help select dishes and they do not hold full ingredient information on any other menu items. Alternatively, if you let our head office know your dietary requirements in advance of your visit they will try to help you with your dish choices. Click on Talk To Us on our website or email feedback@zizzi.co.uk

We are committed to continually reviewing and improving our processes around allergies and dietary requirements and we are working on a solution that will enhance our ability to provide even more detailed ingredient and allergen information in the near future.

FAQs

Which are the 14 allergens covered within your allergen guide?

Celery, Cereals containing Gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites and Tree Nuts.

Can you guarantee my food will be allergen free?

No, we can't guarantee that any of the dishes on our menu will be allergen free as our kitchens are busy places where we handle numerous ingredients and allergens, therefore cross-contact is always possible. We cook a range of items in our fryers and boilers and are unable to cook these items separately for customers with allergies and intolerances. In addition, some of our ingredients come from suppliers who put 'may contain' warnings on their products. This is where the manufacturer believes that traces of allergens may be present.

Do you pass on supplier 'May Contain' warnings?

Yes, we do. Supplier 'may contain' warnings are highlighted with an asterisk*. However, our busy kitchens handle numerous ingredients and allergens. Whilst we have controls in place to reduce the risk of cross-contact, it is not possible for us to guarantee that any of our dishes will be allergen free. Please note, where a dish contains cereals containing gluten or tree nuts, additional species 'may contain' are not covered.

How can a dish be labelled vegan if it may contain milk, eggs, crustaceans, fish or molluscs?

Vegan food can be prepared in factories and areas where products of animal origin may be present. This could mean that some vegan food products could unintentionally contain allergens. You can read more about this on the Food Standards Agency website <https://www.food.gov.uk/safety-hygiene/vegan-food-and-allergens>.

I'm allergic to dairy/milk, can I use the vegan menu?

Our vegan dishes are made with care to a vegan recipe. However, due to cross-contact at our suppliers and in our busy kitchens, these dishes are not necessarily suitable for those with allergies. Please refer to the allergen tables.

How can a dish be labelled Non-Gluten if it 'may contain' cereals containing gluten?

Our Non-Gluten dishes are recipes that do not intentionally contain gluten. Some of these recipes therefore have manufacturer's may contains warnings for gluten and there is also the risk of cross-contact in our busy kitchens. For these reasons, we do not label these dishes as gluten free so they may not be suitable for coeliacs.

I am Coeliac, what can I eat?

None of our dishes are gluten free but our classic pasta dishes can be made with our non-gluten containing fusilli. Our classic and rustica pizzas can also be made with our circular non-gluten containing base.

Is your non-gluten pasta cooked separately?

Yes, our non-gluten containing fusilli is cooked separately to order.

Are you able to alter dishes to make it safe for my allergy?

As part of our allergen policy, we are unable to make modifications to dishes to remove allergens. Sometimes the allergen is hidden in ingredients such as stocks and sauces. Please use the allergen table to choose a dish that is suitable for you. However, you are welcome to remove ingredients or add suitable ingredients to dishes that don't contain the allergen you are trying to avoid.

How will I know that the dish served to me is suitable for my allergy?

Provided you make us aware of your allergy, we will take extra care preparing your dish and it will be brought to you by an Allergen Manager who will confirm your order. Dishes for customers with allergies, vegans and those requiring non-gluten dishes will be marked with a sticker.

I have a nut allergy. Which nuts are covered in the allergen guide?

In accordance with the EU Food Information Regulations only cashew nuts, almonds, hazelnuts, walnuts, Brazil nuts, pistachio nuts, macadamia nuts and pecan nuts are covered under the "nuts" column on our allergen guide. Therefore ingredients such as pine nuts (pine kernels) or chestnuts are not covered.

Which cheeses are pasteurised?

All of our cheeses are pasteurised.

Why are your lemons not suitable for vegans?

Some lemons are waxed to maintain their appearance. Waxes may be made from shellac or beeswax, which is not strictly vegan.

Is the cheese served at the table vegetarian?

Yes, the cheese served at your table is suitable for vegetarians.

CROSS-CONTACT INFORMATION

Items fried in our fryers* may come into contact with: Gluten (Wheat, Barley), Milk, Molluscs, Soya, Sulphites.

* We fry a range of items in our fryers and are unfortunately unable to fry items separately for customers with allergies and intolerances. Please note that we do have separate vegetarian and non-vegetarian fryers. However, these are in close proximity to each other, and we are therefore unable to guarantee full oil segregation. In order to protect those with allergies, we have combined the cross-contact information from both the vegetarian and non-vegetarian fryers.

Items that are cooked in our pasta boilers may come into contact with: Gluten (Wheat), Eggs, Milk.**

**Due to the way we cook our pasta in our small, busy kitchens, we are unfortunately unable to guarantee that there will be no cross-contact with other allergens. Our vegan dishes are made to care to a vegan recipe, however, may not be suitable for those with allergies. Our non-gluten pasta dishes are cooked separately to order and this is detailed beside relevant dishes in the allergen tables.

APERITIVO

This allergen guide covers the 14 allergens specified by the EU Food Information Regulations. It lists what allergenic ingredients are contained in each of our dishes and shows which are suitable for vegan and vegetarian diets. We also include 'may contain' warnings from our suppliers.

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Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	Comments
Complimentary Pasta crisp															Yes	Yes	"INGREDIENTS: Potato Starch, Potato Granules, Pregelatinised Potato Starch, Lo-Salt (Sodium Chloride, Potassium Chloride), Emulsifiers (Calcium Chloride, Mono-And Diglycerides of Fatty Acids), Brown Sugar (Sugar, Cane Molasses), Smoked Paprika, Sea Salt, Black Pepper, Garlic Powder, Cumin, Ginger, Colour (Paprika Extract), Rapeseed Oil, Palm Oil. Fryer contains other allergens. For cross-contact info, see page 4."
Complimentary Hot Chocolate							Yes					Yes			Yes		INGREDIENTS: Milk, Chocolate (Cocoa Mass, Sugar, Fat Reduced Cocoa Powder, Milk Fat, Cocoa Butter, Soya Lecithin), Sugar, Dextrose, Fat Reduced Cocoa Powder, Emulsifier (Mono- And Diglycerides of Fatty Acids), Thickeners (Carrageenan, Xanthan Gum, Guar Gum), Flavouring.
Complimentary Candy floss															Yes	Yes	INGREDIENTS: Sugar.
Pasta Crisps	Yes														Yes	Yes	Fryer contains other allergens. For cross-contact info, see page 4.
Olive Bowl															Yes	Yes	
Dough Crusts		Yes: Rye, Wheat		Yes			*		Yes			*			Yes		
Aperol Spritz													Yes		Yes	Yes	

STARTERS

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Add Freshly Baked Bread		Yes: Rye, Wheat		*			*		*			*			Yes	Yes	
Calamari Large				Yes				Yes	Yes								Fryer contains other allergens. For cross-contact info, see page 4.
Garlic Bread		Yes: Rye, Wheat		*			*		*			*			Yes	Yes	
Garlic Bread with Mozzarella		Yes: Rye, Wheat		*			Yes		*			*			Yes		
Garlic Bread with Mozzarella & Caramelised Onions		Yes: Rye, Wheat		*			Yes		*			*			Yes		
Cheesy Chilli Garlic Bread		Yes: Rye, Wheat		*			Yes		*			*			Yes		
Garlic & Mozzarella Bombe		Yes: Rye, Wheat		Yes			Yes		*			*			Yes		
Chorizo & Mozzarella Bombe		Yes: Rye, Wheat		Yes			Yes		*			*					
Pollo Fritti		Yes: Barley, Wheat		Yes			Yes		Yes								Fryer contains other allergens. For cross-contact info, see page 4.
Take Away Only: Pollo Fritti x 8		Yes: Barley, Wheat		Yes			Yes		Yes								Fryer contains other allergens. For cross-contact info, see page 4.
Bruschetta Classica		Yes: Rye, Wheat		*			*		*			*			Yes	Yes	
Calamari Small				Yes				Yes	Yes								Fryer contains other allergens. For cross-contact info, see page 4.
La Bomba Meatballs	*						Yes										
Aubergine Fritti	Yes														Yes	Yes	Fryer contains other allergens. For cross-contact info, see page 4.

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Chicken Spiedini				Yes					Yes								
Mushroom Brindisi		Yes: Rye, Wheat		Yes			Yes		*			*			Yes		Sage fried with other allergens. For cross-contact info, see page 4.
King Prawn Spiedini	Yes		Yes														
Fonduta Formaggi		Yes: Rye, Wheat		Yes			Yes		*			*			Yes		
Mozzarella Arancini	Yes			Yes			Yes								Yes		Fryer contains other allergens. For cross-contact info, see page 4.
Take Away Only: Double Mozzarella Arancini	Yes			Yes			Yes								Yes		Fryer contains other allergens. For cross-contact info, see page 4.
Burrata Caprese							Yes								Yes		
Take Away Only: Chilli Chicken Wings 6	*	*		*			*		*			*					
Take Away Only: Chilli Chicken Wings 12	*	*		*			*		*			*					

SHARERS

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Add Chicken Skewer																	
Add Harissa King Prawn Skewer			Yes														
Fonduta Board	Yes	Yes: Rye, Wheat		Yes			Yes		*			*			Yes		Fryer contains other allergens. For cross-contact info, see page 4.
Grande Antipasto		Yes: Rye, Wheat		Yes			Yes		*			*	Yes				
Favourites Board	Yes	Yes: Rye, Wheat		Yes			Yes	Yes	Yes			*					Fryer contains other allergens. For cross-contact info, see page 4.

SIGNATURE DISHES

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Add Harissa King Prawn Skewer			Yes														
Mediterranean Seabass					Yes												
Hot Honey Glazed Duck	*	*		Yes			Yes		*			*					Fryer contains other allergens. For cross-contact info, see page 4.
Pollo Calabrese	Yes						Yes										Fryer contains other allergens. For cross-contact info, see page 4.
Funghi Risotto				Yes			Yes								Yes		Sage fried with other allergens. For cross-contact info, see page 4.

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Add Chicken Skewer																	
Butter Bean Stufato		Yes: Rye, Wheat		*			*		*			*			Yes	Yes	
Pollo Milanese		Yes: Wheat		Yes			Yes					Yes					Fryer contains other allergens. For cross-contact info, see page 4.
Salmon & Pesto Risotto					Yes		Yes										

SALADS

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Add Chicken Skewer																	
Add Harissa King Prawn Skewer			Yes														
Add Creamy Burrata							Yes								Yes		
Pollo Prosciutto Salad				Yes			Yes										
Zucca Salad													Yes		Yes	Yes	
Add Goat's Cheese							Yes								Yes		

THE RUSTICA

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Venison Pepperoni		Yes: Rye, Wheat		Yes			Yes		*			*	Yes				Sage fried with other allergens. For cross-contact info, see page 4.
Pepperoni Premio		Yes: Rye, Wheat		*			Yes		*			*					
Truffle Salami		Yes: Rye, Wheat		Yes			Yes		*			Yes					Sage fried with other allergens. For cross-contact info, see page 4.
Carne Sofia		Yes: Rye, Wheat		*			Yes		*			*					
Pepperoni Campagna		Yes: Rye, Wheat		*			Yes		*			*					
Piccante		Yes: Rye, Wheat		*			Yes		*			*					
Sticky Pig		Yes: Rye, Wheat		Yes			Yes		*			Yes					
Chicken & Fiery Roquito		Yes: Rye, Wheat		Yes			Yes		*			*					
Primavera		Yes: Rye, Wheat		*			Yes		*			*			Yes		
Aubergine Parmigiana		Yes: Rye, Wheat		*			*		*			*	Yes		Yes	Yes	
Pinoli		Yes: Rye, Wheat		Yes			Yes		*			*			Yes		
Margherita		Yes: Rye, Wheat		*			Yes		*			*			Yes		
Vegan Margherita		Yes: Rye, Wheat		*			*		*			*			Yes	Yes	

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Take Away Only: Rustica Meat Feast		Yes: Rye, Wheat		*			Yes		*			*					
Roast Pollo & Pesto		Yes: Rye, Wheat		Yes			Yes		*			*					
Take Away only: Double Cheese Rustica Margherita		Yes: Rye, Wheat		*			Yes		*			*			Yes		

NON- GLUTEN PIZZA

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Non-Gluten Venison Pepperoni				Yes			Yes						Yes				Sage fried with other allergens. For cross-contact info, see page 4.
Non-Gluten Pepperoni Premio							Yes										
Non-Gluten Truffle Salami				Yes			Yes					Yes					Sage fried with other allergens. For cross-contact info, see page 4.
Non-Gluten Carne Sofia							Yes										
Non-Gluten Piccante							Yes										
Non-Gluten Sticky Pig				Yes			Yes					Yes					
Non-Gluten Chicken & Fiery Roquito				Yes			Yes										
Non-Gluten Primavera							Yes								Yes		
Non-Gluten Aubergine Parmigiana													Yes		Yes	Yes	
Non-Gluten Margherita Pizza							Yes								Yes		
Non-Gluten Vegan Margherita Pizza															Yes	Yes	
Non-Gluten Pinoli				Yes			Yes								Yes		
Non-Gluten Pepperoni Campagna							Yes										

NON- GLUTEN PIZZA

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Non-Gluten Roast Pollo & Pesto				Yes			Yes										
Take Away Only: Non-Gluten Meat Feast							Yes										
Take Away only: Double Cheese Non-Gluten Margherita							Yes								Yes		

CALZONE

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Calzone Carne Piccante	Yes	Yes: Rye, Wheat		Yes			Yes		*	*	*	*		*			
Calzone Pollo Spinaci	Yes	Yes: Rye, Wheat		Yes			Yes		*			Yes					

CLASSICO PIZZA

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Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	Comments
Margherita		Yes: Rye, Wheat		*			Yes		*			*			Yes		
Roast Pollo & Pesto		Yes: Rye, Wheat		Yes			Yes		*			*					
Add Mozzarella							Yes								Yes		
Classic Vegan Margherita Pizza		Yes: Rye, Wheat		*			*		*			*			Yes	Yes	
Pinoli		Yes: Rye, Wheat		Yes			Yes		*			*			Yes		
Pepperoni Campagna		Yes: Rye, Wheat		*			Yes		*			*					

SIDE

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Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	Comments
Chips															Yes	Yes	Fryer contains other allergens. For cross-contact info, see page 4.
Take Away Only : Large Chips															Yes	Yes	Fryer contains other allergens. For cross-contact info, see page 4.
Courgette Fritti		Yes: Wheat							*			*			Yes	Yes	Fryer contains other allergens. For cross-contact info, see page 4.
Sweet Potato Fries															Yes	Yes	Fryer contains other allergens. For cross-contact info, see page 4.
Loaded Bolognese Chips							Yes			*	*			*			Fryer contains other allergens. For cross-contact info, see page 4.
Caesar Insalata				Yes			Yes								Yes		
Fresca Greens															Yes	Yes	
Take Away Only: Pulled Pork La Bomba Chips							Yes										Fryer contains other allergens. For cross-contact info, see page 4.
Take Away only: Mac & Cheese bites x10	Yes	Yes: Wheat		Yes			Yes		*			*			Yes		Fryer contains other allergens. For cross-contact info, see page 4.
Take Away only: Double Courgetti Fritti		Yes: Wheat							*			*			Yes	Yes	Fryer contains other allergens. For cross-contact info, see page 4.
Take Away only: Mac & Cheese bites x5	Yes	Yes: Wheat		Yes			Yes		*			*			Yes		Fryer contains other allergens. For cross-contact info, see page 4.

SUPERIORE

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Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	Comments
Add Chicken Skewer																	
Truffle Carbonara		Yes: Wheat	*	Yes	*		Yes		*			*					Boiler contains other allergens. For cross-contact info, see page 4.
Chianti Beef Ragù	*	Yes: Wheat	*	Yes	*		Yes	*	*			*	Yes				Boiler contains other allergens. Sage fried with other allergens. For cross-contact info, see page 4.
Chilli King Prawn	Yes	Yes: Wheat	Yes	Yes	Yes		Yes		*			*	Yes				Boiler contains other allergens. For cross-contact info, see page 4.
Meatballs Alla Vodka		Yes: Wheat	*	Yes	*		Yes		*			*					Boiler contains other allergens. For cross-contact info, see page 4.
Seafood Vongole	*	Yes: Wheat	Yes	Yes	*		Yes	Yes	*			*	Yes				Boiler contains other allergens. For cross-contact info, see page 4.
Pesto Verde Burrata		Yes: Wheat	*	Yes	*		Yes		*			*			Yes		Boiler contains other allergens. For cross-contact info, see page 4.

CLASSICO PASTA

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Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	Comments
Vegan Pomodoro	*	Yes: Wheat		*					*			*			Yes	Yes	Boiler contains other allergens. For cross-contact info, see page 4.
Vegan Lentil Ragu		Yes: Wheat		*					*			*			Yes	Yes	Boiler contains other allergens. For cross-contact info, see page 4.
Chorizo Carbonara		Yes: Wheat	*	Yes	*		Yes		*			*					Boiler contains other allergens. For cross-contact info, see page 4.
Pollo Piccante		Yes: Wheat	*	Yes	*		Yes		*			*					Boiler contains other allergens. For cross-contact info, see page 4.
Bolognese Classico	*	Yes: Wheat	*	Yes	*		*		*	*	*	*		*			Boiler contains other allergens. For cross-contact info, see page 4.
Pomodoro	*	Yes: Wheat	*	Yes	*		Yes		*			*			Yes		Boiler contains other allergens. For cross-contact info, see page 4.
Lentil Ragu	*	Yes: Wheat	*	Yes	*		*	*	*			*	*		Yes		Boiler contains other allergens. For cross-contact info, see page 4.
Ravioli Di Capra	*	Yes: Wheat	*	Yes	*		Yes		*			*		*	Yes		Boiler contains other allergens. For cross-contact info, see page 4.

AL FORNO

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Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	Comments
Pollo Della Casa		Yes: Wheat	*	Yes	*		Yes		*			*					Boiler contains other allergens. For cross-contact info, see page 4.
Lasagne Grandezza	*	Yes: Wheat	*	Yes	*		Yes		*			Yes		*			
Lasagne Grandezza Upgrade	*	Yes: Wheat	*	Yes	*		Yes		*	*	*	Yes		*			
Rainbow Lasagne	*	Yes: Wheat		*	*		*		*			*		*	Yes	Yes	

NON- GLUTEN PASTA

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Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	Comments
Non-Gluten Truffle Cacio E Pepe				Yes			Yes					*					Non-Gluten Containing fusilli pasta cooked separately to order.
Non-Gluten Chianti Beef Ragù	*			Yes			Yes					*	Yes				Non-Gluten Containing fusilli pasta cooked separately to order. Sage fried in a fryer with other allergens. For cross-contact info, see page 4.
Non-Gluten Chorizo Carbonara				Yes			Yes					*					Non-Gluten Containing fusilli pasta cooked separately to order.
Non-Gluten Chilli King Prawn	Yes		Yes	*	Yes		Yes					*	Yes				Non-Gluten Containing fusilli pasta cooked separately to order.
Non-Gluten Pollo Piccante				*			Yes					*					Non-Gluten Containing fusilli pasta cooked separately to order.
Non-Gluten Bolognese Classico	*			*						*	*	*		*			Non-Gluten Containing fusilli pasta cooked separately to order.
Non-Gluten Meatballs Alla Vodka				Yes			Yes					*					Non-Gluten Containing fusilli pasta cooked separately to order.
Non-Gluten Seafood Vongole			Yes	*			Yes	Yes				*	Yes				Non-Gluten Containing fusilli pasta cooked separately to order.
Non-Gluten Pomodoro	*			*			Yes					*			Yes		Non-Gluten Containing fusilli pasta cooked separately to order.
Non-Gluten Vegan Pomodoro	*			*								*			Yes	Yes	Non-Gluten Containing fusilli pasta cooked separately to order.
Non-Gluten Pesto Verde Burrata				Yes			Yes					*			Yes		Non-Gluten Containing fusilli pasta cooked separately to order.
Non-Gluten Lentil Ragù				*								*			Yes	Yes	Non-Gluten Containing fusilli pasta cooked separately to order.

DESSERTS

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Ciocolato Mousse		*		*			Yes			*		Yes	*	*			
Limoncello Basque				Yes			Yes							*	Yes		
Take Away Only: Limoncello Basque				Yes			Yes							*	Yes		
Raspberry Collins Cheesecake				*			*							*	Yes	Yes	
Nemesis				Yes			Yes					Yes		*	Yes		
Take Away Only: Nemesis				Yes			Yes					Yes		*	Yes		
Take Away Only : Tiramisu		Yes: Wheat		Yes			Yes					*	Yes	*	Yes		
Honeycomb Cheesecake		Yes: Wheat		*			Yes					Yes	*	*	Yes		
Take Away Only: Honeycomb Cheesecake		Yes: Wheat		*			Yes					Yes	*	*	Yes		
Candy Floss Dolce				Yes			Yes			*		*	Yes	*	Yes		
Fudge Cake		Yes: Wheat					*					Yes	*	*	Yes	Yes	
Take Away Only: Fudge Cake		Yes: Wheat										Yes		*	Yes	Yes	
Chocolate Caramello Sundaes		Yes: Wheat		Yes			Yes					Yes	*	*	Yes		

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Take Away Only: Mini Biscoff Doughnuts x9		Yes: Wheat		Yes			Yes					Yes		*	Yes		
Tiramisu		Yes: Wheat		Yes			Yes					Yes	Yes	*	Yes		
Take Away Only: Raspberry Collins Cheesecake				*			*							*	Yes	Yes	
Take Away Only: Mini Biscoff Doughnuts x3		Yes: Wheat		Yes			Yes					Yes		*	Yes		
Take Away Only: Pistachio Doughnuts x3		Yes: Wheat		Yes			Yes					Yes		Yes: Pistachio Nuts	Yes		
Take Away Only: Pistachio Doughnuts x9		Yes: Wheat		Yes			Yes					Yes		Yes: Pistachio Nuts	Yes		
Take Away Only: Mixed Doughnuts x9		Yes: Wheat		Yes			Yes					Yes		Yes: Pistachio Nuts	Yes		

GELATOS

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Vanilla Gelato							Yes							*	Yes		
Chocolate Gelato							Yes					*		*	Yes		
Vegan Salted Caramel Gelato												Yes			Yes	Yes	
Sicilian Lemon & Ricotta Gelato							Yes			*				*	Yes		
Strawberry Sorbet							*							*	Yes	Yes	
Dragon Fruit Sorbet													Yes		Yes	Yes	
Vegan Coconut & Lime Gelato							*			*				*	Yes	Yes	
Wild Strawberry and Panna cotta Gelato							Yes			*				*	Yes		

EXTRAS

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Bucatini		Yes: Wheat	*	Yes	*		*		*			*			Yes		Boiler contains other allergens. For cross-contact info, see page 4.
Meatballs							Yes										
Red Onion															Yes	Yes	
Roasted Peppers															Yes	Yes	
Mafaldine	*	Yes: Wheat	*	Yes	*		*	*	*			*	*		Yes		Boiler contains other allergens. For cross-contact info, see page 4.
Amarena Cherries															Yes		
Diced Chorizo							Yes										
Pulled Pork																	
Orange Squash 50ml													Yes		Yes	Yes	
Blackcurrant & Apple Squash 50ml													Yes		Yes	Yes	
Lime Cordial 50ml															Yes	Yes	
Roquito Chilli Pearl															Yes	Yes	
Customer use only: Balsamic Vinegar													Yes		Yes	Yes	
Bolognese										*	*			*			
Candied Green Jalapenos													Yes		Yes	Yes	
Balsamic Onion															Yes	Yes	

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Artichoke															Yes	Yes	
Mozzarella							Yes								Yes		
Truffle Paste															Yes	Yes	
Customer use only: Chilli Oil	*	*							*	*	*			*	Yes	Yes	
Mushrooms															Yes	Yes	
Spicy Roquito Chillies															Yes	Yes	
Fire Roasted Peppers															Yes	Yes	
Cotto Ham																	
Pepperoni																	
Nduja																	
Garlic Aioli				Yes					Yes						Yes		
Garlic Butter															Yes	Yes	
Pomodoro Sauce	*														Yes	Yes	
Prosciutto																	
Avocado															Yes	Yes	
Spinach															Yes	Yes	
Rocket															Yes	Yes	
Caesar Dressing				Yes			Yes								Yes		
Basil															Yes	Yes	
Candy floss															Yes	Yes	
Aubergine Wedges															Yes	Yes	Fryer contains other allergens. For cross-contact info, see page 4.
Ketchup									Yes					Yes	Yes	Yes	

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Harissa															Yes	Yes	
Chilli Flakes															Yes	Yes	
Salted Caramel Sauce							Yes								Yes		
Dark Chocolate							*					Yes			Yes	Yes	
Chitarra		Yes: Wheat	*	Yes	*		*		*			*			Yes		Boiler contains other allergens. For cross-contact info, see page 4.
Casareccia		Yes: Wheat	*	Yes	*		*		*			*			Yes		Boiler contains other allergens. For cross-contact info, see page 4.
Datterini Tomato															Yes	Yes	
Guanciale																	
Roquito Hot Honey															Yes		
Customer use only: Salt															Yes	Yes	
Customer use only: Black Pepper															Yes	Yes	
Parsley															Yes	Yes	
Fiery La Bomba															Yes	Yes	
Customer use only: Extra Virgin Olive Oil															Yes	Yes	
Fior di Latte							Yes								Yes		
Burrata							Yes								Yes		
Torn Chicken Breast																	
Pizza Olives															Yes	Yes	
Pinenuts															Yes	Yes	
Tomato Ketchup									Yes						Yes	Yes	

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Vegan Mozzarisella															Yes	Yes	
Honeycomb															Yes	Yes	
Mascarpone							Yes								Yes		
Olives															Yes	Yes	
Sunblush Baby Tomato															Yes	Yes	
Olive Oil															Yes	Yes	
Pizza Sauce															Yes	Yes	
Spianata																	
Isle of Wight Tomato															Yes	Yes	
Smoked Garlic Oil															Yes	Yes	
Harissa King Prawn Skewers			Yes														
Riserva Crisp				Yes			Yes								Yes		
Red Chillies															Yes	Yes	
Riserva Cheese				Yes			Yes								Yes		
Rosemary															Yes	Yes	
Whipping Cream							Yes								Yes		
Goat Cheese							Yes								Yes		
Genovese Pesto															Yes	Yes	
Sage															Yes	Yes	Fryer contains other allergens. For cross-contact info, see page 4.
Pulled Harissa Chicken Breast																	
Calabrese Dip	Yes														Yes	Yes	

BAMBINI

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Kids Casareccia Cheese Pasta		Yes: Wheat	*	Yes	*		Yes		*			*			Yes		Boiler contains other allergens. For cross-contact info, see page 4.
Kids Non-Gluten Cheese Pasta				Yes			Yes					*			Yes		Non-Gluten Containing fusilli pasta cooked separately to order.
Carrot, Cucumber & Dough Crust	*	Yes: Rye, Wheat		*			*		*			*			Yes	Yes	
Carrot, Cucumber & Pasta Crisps	*														Yes	Yes	Fryer contains other allergens. For cross-contact info, see page 4.
Kids Pizza Margherita		Yes: Rye, Wheat		*			Yes		*			*			Yes		
Kids Vegan Pizza Margherita		Yes: Rye, Wheat		*			*		*			*			Yes	Yes	
Kids Non-Gluten Margherita Pizza							Yes								Yes		
Kids Non-Gluten Vegan Margherita															Yes	Yes	
Kids Non-Gluten Pizza Base Only															Yes	Yes	
Kids Ham Topping																	
Kids Sun Blush Baby Tomato Topping															Yes	Yes	
Kids Pepperoni Topping																	
Kids Olives Topping															Yes	Yes	
Kids Spinach Topping															Yes	Yes	
Kids Chicken Topping																	

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Kids Mozzarella Topping							Yes								Yes		
Kids Mushroom Topping															Yes	Yes	
Kids Roasted Peppers Topping															Yes	Yes	
Kids Spaghetti Pomodoro	*	Yes: Wheat	*	Yes	*		*		*			*			Yes		Boiler contains other allergens. For cross-contact info, see page 4.
Kids Casareccia Pomodoro	*	Yes: Wheat	*	Yes	*		*		*			*			Yes		Boiler contains other allergens. For cross-contact info, see page 4.
Kids Non-Gluten Pomodoro Pasta	*			*								*			Yes	Yes	Non-Gluten Containing fusilli pasta cooked separately to order.
Kids Spaghetti Cheese Sauce		Yes: Wheat	*	Yes	*		Yes		*			*			Yes		Boiler contains other allergens. For cross-contact info, see page 4.
Kids Spaghetti Bolognese		Yes: Wheat	*	Yes	*		*		*	*	*	*		*			Boiler contains other allergens. For cross-contact info, see page 4.
Kids Casareccia Bolognese		Yes: Wheat	*	Yes	*		*		*	*	*	*		*			Boiler contains other allergens. For cross-contact info, see page 4.
Kids Non-Gluten Bolognese Pasta				*						*	*	*		*			Non-Gluten Containing fusilli pasta cooked separately to order.
Kids Spaghetti Lentil Ragu		Yes: Wheat	*	Yes	*		*		*			*			Yes		Boiler contains other allergens. For cross-contact info, see page 4.
Kids Casareccia Lentil Ragu		Yes: Wheat	*	Yes	*		*		*			*			Yes		Boiler contains other allergens. For cross-contact info, see page 4.
Kids Non-Gluten Vegan Lentil Ragu				*								*			Yes	Yes	Non-Gluten Containing fusilli pasta cooked separately to order.
Kids Sweet Potato Fries															Yes	Yes	Fryer contains other allergens. For cross-contact info, see page 4.
Kids Chips															Yes	Yes	Fryer contains other allergens. For cross-contact info, see page 4.

BAMBINI

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Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	Comments
Kids Green Beans															Yes	Yes	
Chilly Billy Ice Lolly							*								Yes	Yes	
Kids Vanilla Gelato							Yes							*	Yes		
Kids Chocolate Gelato							Yes					*		*	Yes		
Kids Candy Floss Sundae		Yes: Wheat					Yes					Yes		*	Yes		
Kids Sugar Cones & Salted Caramel Sauce (No Gelato)		Yes: Wheat					Yes					Yes			Yes		
Mini Cones Only		Yes: Wheat										Yes			Yes	Yes	
Kids Fruit Pot															Yes	Yes	
Kids Chocacino							Yes					Yes			Yes		
Kids Oat Chocacino		Yes: Oats					*								Yes	Yes	
Tiny Tummies Dough Crust		Yes: Rye, Wheat		*			*		*			*			Yes	Yes	
Tiny Spaghetti Pomodoro	*	Yes: Wheat	*	Yes	*		*		*			*			Yes		Boiler contains other allergens. For cross-contact info, see page 4.
Tiny Casareccia Pomodoro	*	Yes: Wheat	*	Yes	*		*		*			*			Yes		Boiler contains other allergens. For cross-contact info, see page 4.
Tiny Non-Gluten Vegan Pomodoro Pasta	*			*								*			Yes	Yes	Non-Gluten Containing fusilli pasta cooked separately to order.
Kids Milk							Yes								Yes		
Kids Oat Milk		Yes: Oats													Yes	Yes	

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Apple & Blackcurrant Squash													Yes		Yes	Yes	
Orange Squash													Yes		Yes	Yes	
Kids Flawsome Apple & Blackcurrant Carton															Yes		
Kids Flawsome Sweet Apple															Yes		
Kids Vegan Pomodoro	*	Yes: Wheat		*					*			*			Yes	Yes	Boiler contains other allergens. For cross-contact info, see page 4.
Kids Vegan Lentil Ragu		Yes: Wheat		*					*			*			Yes	Yes	Boiler contains other allergens. For cross-contact info, see page 4.
Tiny Vegan Pomodoro	*	Yes: Wheat		*					*			*			Yes	Yes	Boiler contains other allergens. For cross-contact info, see page 4.

WINES

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Malbec 125ml													Yes		Yes	Yes	
Primitivo 175ml													Yes		Yes	Yes	
Merlot 175ml													Yes		Yes	Yes	
Montepulciano 175ml													Yes		Yes	Yes	
Nero D'Avola 175ml													Yes		Yes	Yes	
Montepulciano 250ml													Yes		Yes	Yes	
Primitivo Bottle													Yes		Yes	Yes	
Merlot 125ml													Yes		Yes	Yes	
Chianti Flask Magnum bottle													Yes		Yes	Yes	
Merlot Bottle													Yes		Yes	Yes	
Montepulciano Bottle													Yes		Yes	Yes	
Nero D'Avola Bottle													Yes		Yes	Yes	
Primitivo 250ml													Yes		Yes	Yes	
Chianti Flask 125ml													Yes		Yes	Yes	
Chianti Flask 175ml													Yes		Yes	Yes	
Chianti Flask 250ml													Yes		Yes	Yes	
Chianti Flask Bottle													Yes		Yes	Yes	
Primitivo 125ml													Yes		Yes	Yes	
Montepulciano 125ml													Yes		Yes	Yes	

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Nero D'Avola 125ml													Yes		Yes	Yes	
Malbec 175ml													Yes		Yes	Yes	
Malbec 250ml													Yes		Yes	Yes	
Merlot 250ml													Yes		Yes	Yes	
Nero D'Avola 250ml													Yes		Yes	Yes	
Malbec Bottle													Yes		Yes	Yes	
Pinot Grigio Blush Bottle													Yes		Yes	Yes	
Pinot Grigio Blush 250ml													Yes		Yes	Yes	
Pinot Grigio Blush 125ml													Yes		Yes	Yes	
Zinfandel Blush Bottle													Yes		Yes	Yes	
Zinfandel Blush 250ml													Yes		Yes	Yes	
Zinfandel Blush 175ml													Yes		Yes	Yes	
Pinot Grigio Blush 175ml													Yes		Yes	Yes	
Zinfandel Blush 125ml													Yes		Yes	Yes	
Catarratto Chardonnay 175ml													Yes		Yes	Yes	
Sauvignon Blanc 125ml													Yes		Yes	Yes	
Pinot Grigio 175ml													Yes		Yes	Yes	
Sauvignon Blanc 175ml													Yes		Yes	Yes	

WINES

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Catarratto Chardonnay Bottle													Yes		Yes	Yes	
Trebbiano Bottle													Yes		Yes	Yes	
Pinot Grigio Bottle													Yes		Yes	Yes	
Sauvignon Blanc Bottle													Yes		Yes	Yes	
Trebbiano 125ml													Yes		Yes	Yes	
Trebbiano 250ml													Yes		Yes	Yes	
Pinot Grigio 125ml													Yes		Yes	Yes	
Sauvignon Blanc, St Clair 175ml													Yes		Yes	Yes	
Trebbiano 175ml													Yes		Yes	Yes	
Catarratto Chardonnay 250ml													Yes		Yes	Yes	
Sauvignon Blanc, St Clair 125ml													Yes		Yes	Yes	
Pinot Grigio 250ml													Yes		Yes	Yes	
Sauvignon Blanc, St Clair 250ml													Yes		Yes	Yes	
Catarratto Chardonnay 125ml													Yes		Yes	Yes	
Sauvignon Blanc, St Clair Bottle													Yes		Yes	Yes	
Sauvignon Blanc 250ml													Yes		Yes	Yes	

FIZZ

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Pink Prosecco Bottle													Yes		Yes	Yes	
Prosecco Bottle													Yes		Yes	Yes	
Pink Prosecco 125ml													Yes		Yes	Yes	
Prosecco 125ml													Yes		Yes	Yes	
Prosecco Magnum Bottle													Yes		Yes	Yes	

BEER & CIDERS

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Peroni 330ml		Yes: Barley													Yes	Yes	
Peroni 660ml		Yes: Barley													Yes	Yes	
Peroni Gran Riserva		Yes: Barley													Yes	Yes	
Peroni Gluten Free		Yes: Barley													Yes	Yes	Gluten-Free Barley.
Peroni Zero		Yes: Barley													Yes	Yes	
Hophead		Yes: Barley													Yes	Yes	
Meantime Anytime IPA		Yes: Barley													Yes	Yes	
Beyond Belief Brewing Pasta Beer Pale Ale		Yes: Barley, Wheat		*											Yes		
Beyond Belief Brewing Pasta Beer Ipa		Yes: Barley, Wheat		*											Yes		
Cornish Orchards Gold Cider													Yes		Yes	Yes	
Cornish Orchards Raspberry & Elderflower Cider													Yes		Yes	Yes	

SIGNATURE COCKTAILS

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Dragon Fruit Margarita													Yes		Yes	Yes	
Morello Cherry Sour															Yes		
Passion Fruitini													Yes		Yes	Yes	
Raspberry Mojito															Yes	Yes	
Pineapple Colada							*			*				*	Yes	Yes	
Mocha Martini		Yes: Wheat		Yes			Yes					Yes					
Wild Strawberry Daiquiri															Yes	Yes	

SPRITZ COCKTAILS

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Peachello Spritz													Yes		Yes	Yes	
Aperol Spritz													Yes		Yes	Yes	
Limoncello Spritz															Yes		
Hugo Spritz													Yes		Yes		
Tuscan G&T															Yes	Yes	
Sarti Spritz													Yes		Yes		

MOCKTAILS & SOFT DRINKS

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Hip Pop Kombucha Blueberry & Ginger															Yes	Yes	
Original Tonic															Yes	Yes	
Raspberry & Rose Flavoured Soda Drink															Yes	Yes	
Blood Orange & Elderflower Tonic															Yes	Yes	
Roasted Pineapple Soda															Yes	Yes	
Pink Grapefruit Soda															Yes	Yes	
Ginger Ale															Yes	Yes	
San Pellegrino Lemon															Yes		
Coke Small															Yes		Vegan? Ask for no lemon slice.
Coke Large															Yes		Vegan? Ask for no lemon slice.
Take away Only: Coke															Yes	Yes	
Diet Coke Small															Yes		Vegan? Ask for no lemon slice.
Diet Coke Large															Yes		Vegan? Ask for no lemon slice.
Take Away Only: Diet Coke															Yes	Yes	
Coke Zero Small															Yes		Vegan? Ask for no lemon slice.

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Coke Zero Large															Yes		Vegan? Ask for no lemon slice.
Take Away Only: Coke Zero															Yes	Yes	
Sprite Zero Small															Yes		Vegan? Ask for no lemon slice.
Sprite Zero Large															Yes		Vegan? Ask for no lemon slice.
Take Away Only: Sprite Zero															Yes	Yes	
Sicilian Still Lemonade															Yes		
Appletiser															Yes	Yes	
Apple Juice															Yes	Yes	
Orange Juice															Yes		
Belu Water Still Small															Yes		Vegan? Ask for no lemon slice.
Take Away Only: Belu Water Still Small															Yes	Yes	
Belu Still Water Large															Yes		Vegan? Ask for no lemon slice.
Belu Sparkling Water Small															Yes		Vegan? Ask for no lemon slice.
Take Away Only: Belu Sparkling Water Small															Yes	Yes	
Belu Sparkling Water Large															Yes		Vegan? Ask for no lemon slice.

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Wild Strawberry Sparkler															Yes	Yes	
Passion Fruit Sparkler															Yes	Yes	
Morello Cherry Refresher															Yes		
Pineapple and Citrus Refresher															Yes	Yes	
Raspberry & Rose Lemonade													Yes		Yes	Yes	
Raspberry & Mint Cooler															Yes	Yes	
Hip Pop Strawberry & Pineapple															Yes	Yes	
Trip Mindful Blend Blood Orange & Rosemary															Yes	Yes	
Trip CBD Blend Raspberry & Orange Blossom												Yes			Yes	Yes	
San Pellegrino Blood Orange															Yes		

SPIRITS

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Malfy Con Aranciata 50ml															Yes	Yes	
Mr Black Coffee Liquor 25ml															Yes	Yes	
Mr Black Coffee Liquor 50ml															Yes	Yes	
Grey Goose Vodka 50ml															Yes	Yes	
Aluna Peach 50ml															Yes	Yes	
Aluna Coffee 25ml															Yes	Yes	
Dead Mans Fingers Spiced Rum 50ml															Yes	Yes	
Vodka - Red Griffin 50ML															Yes	Yes	
White Rum - Calados 25ML															Yes	Yes	
Jack Daniels 25ML															Yes	Yes	
Gin Half Crown 50ML															Yes	Yes	
Gin Half Crown 25ML															Yes	Yes	
Frangelico 25ML																	
Baileys 50ML							Yes								Yes		
Aperol 50ML															Yes	Yes	
Archers 50ML															Yes	Yes	
Limoncello 50ML															Yes	Yes	

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Limoncello 25ML															Yes	Yes	
Jamesons Irish Whiskey 25ml															Yes	Yes	
Sarti 25ml															Yes	Yes	
Aluna Coffee 50ml															Yes	Yes	
Sipsmith London Dry Gin 25ml															Yes	Yes	
Sipsmith London Dry Gin 50ml															Yes	Yes	
Aluna Peach 25ml															Yes	Yes	
Malfy Con Aranciata 25ml															Yes	Yes	
Baileys 100ML							Yes								Yes		
Frangelico 50ML																	
Archers 25ML															Yes	Yes	
Amaretto 25ML															Yes	Yes	
Amaretto 50ML															Yes	Yes	
Jamesons Irish Whiskey 50ml															Yes	Yes	
Spiced rum 25ml															Yes	Yes	
Jack Daniels 50ML															Yes	Yes	
White Rum - Calados 50ML															Yes	Yes	
Vodka - Red Griffin 25ML															Yes	Yes	
Kahlua 25ml																	

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Peachello 25ml															Yes	Yes	
Peachello 50ml															Yes	Yes	
Fiorente Elderflower Liqueur 25ml															Yes	Yes	
Respirited Vodka 50ml															Yes	Yes	
Kahlua 50ml																	
Sarti 50ml															Yes	Yes	
Fiorente Elderflower Liqueur 50ml															Yes	Yes	
Dead Mans Fingers Spiced Rum 25ml															Yes	Yes	
Aperol 25ML															Yes	Yes	
Respirited Vodka 25ml															Yes	Yes	
Spiced Rum 50ML															Yes	Yes	
Grey Goose Vodka 25ml															Yes	Yes	
Tequila 25 ml															Yes	Yes	
Tequila 50 ml															Yes	Yes	

COFFEE

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Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	Comments
Black Americano															Yes	Yes	
Oat Americano		Yes: Oats													Yes	Yes	
Oat Cappuccino		Yes: Oats					*								Yes	Yes	
Oat Decaf Americano		Yes: Oats													Yes	Yes	
Decaf Black Americano															Yes	Yes	
Single Espresso															Yes	Yes	
Americano							Yes								Yes		
Cappuccino							Yes								Yes		
Flat White							Yes								Yes		
Mocha							Yes								Yes		
Decaf Double Espresso															Yes	Yes	
Decaf Americano							Yes								Yes		
Decaf Latte							Yes								Yes		
Decaf Cappuccino							Yes								Yes		
Decaf Flat White							Yes								Yes		
Decaf Mocha							Yes								Yes		
Sub Oat Milk		Yes: Oats													Yes	Yes	
Oat Decaf Macchiato		Yes: Oats													Yes	Yes	
Oat Decaf Mocha		Yes: Oats					*								Yes	Yes	
Oat Mocha		Yes: Oats					*								Yes	Yes	
Decaf Single Espresso															Yes	Yes	

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Oat Flat White		Yes: Oats													Yes	Yes	
Oat Decaf Flat White		Yes: Oats													Yes	Yes	
Double Espresso															Yes	Yes	
Latte							Yes								Yes		
Macchiato							Yes								Yes		
Oat Macchiato		Yes: Oats													Yes	Yes	
Decaf Macchiato							Yes								Yes		
Oat Decaf Cappuccino		Yes: Oats					*								Yes	Yes	
Oat Decaf Latte		Yes: Oats													Yes	Yes	
Oat Latte		Yes: Oats													Yes	Yes	
Sugar Stick															Yes	Yes	
Hot Chocolate							Yes					Yes			Yes		
Oat Hot Chocolate		Yes: Oats					*								Yes	Yes	

TEA

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Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	Comments
Fresh Mint Tea															Yes	Yes	
Pure Green							Yes								Yes		
Peppermint							Yes								Yes		
English Breakfast							Yes								Yes		
Earl Grey							Yes								Yes		

TAKE AWAY DRINKS

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Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	Comments
Moth Espresso Martini															Yes	Yes	
Moth Margherita															Yes	Yes	
Moth Mojito															Yes	Yes	

CHRISTMAS SPECIALS

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Menu Item Name	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphites	Tree Nuts	Vegetarian	Vegan	Comments
Panettone Bread & Butter Pudding		Yes: Wheat		Yes			Yes		*	*		*	*	*	Yes		
Christmas Bombolini		Yes: Wheat		Yes			Yes					Yes		*	Yes		
Berry & Bright Cocktail							*					*	*		Yes	Yes	
Spiced Berry Sparkler							*					*	*		Yes	Yes	
Prosecco Magnum													Yes		Yes	Yes	
Porcini & Prosciutto Roast Chicken				Yes			Yes										Fryer contains other allergens. For cross-contact info, see page 4.
The Christmas Catch	*	Yes: Rye, Wheat	Yes	Yes	Yes		Yes	*	*			*					Boiler contains other allergens. For cross-contact info, see page 4.
Non-Gluten Crust-Mas Pizza				Yes			Yes										Fryer contains other allergens. For cross-contact info, see page 4.
Non-Gluten Roasties Pizza				Yes			Yes								Yes		Fryer contains other allergens. For cross-contact info, see page 4.
Non-Gluten Vegan Roasties Pizza															Yes	Yes	Fryer contains other allergens. For cross-contact info, see page 4.
Crust-Mas Rustica		Yes: Rye, Wheat		Yes			Yes		*			*					Fryer contains other allergens. For cross-contact info, see page 4.
Roasties Rustica		Yes: Rye, Wheat		Yes			Yes		*			*			Yes		Fryer contains other allergens. For cross-contact info, see page 4.
Vegan Roasties Rustica		Yes: Rye, Wheat		*			*		*			*			Yes	Yes	Fryer contains other allergens. For cross-contact info, see page 4.
Pigs-in-Blankets				Yes			Yes										

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Baby Guinness							Yes								Yes		
The Nutcracker							Yes										
Elf Cioccolata							Yes										
The Festive Bombe		Yes: Rye, Wheat		Yes			Yes		*			*					Sage fried with other allergens. For cross-contact info, see page 4.
Black Truffle Arancini		Yes: Wheat		Yes			Yes						Yes		Yes		Fryer contains other allergens. For cross-contact info, see page 4.
Take Away Only: Panettone Bread & Butter Pudding		Yes: Wheat		Yes			Yes		*	*		*	*	*	Yes		